OUR LADY OF PERPETUAL HELP CHURCH

MASS SCHEDULE
SATURDAY: **English:** 8:15 am, 5:00 pm. **Spanish:** 7:00 pm.
SUNDAY: **English:** 6:30 am, 8:00 am, 9:30am, 11:30 am, 5:00 pm
Spanish: 1:30 pm, 7:00 pm
Morning Prayer: 7:55 am *(Monday - Friday)*
MONDAY - FRIDAY: **Eng.** 8:15 a.m. **Sp.** 7:00 pm

BLESSED SACRAMENT EXPOSITION
1st Friday of the Month: 8:30am - 10:00pm
Monday - Friday: 6:00pm - 7:00pm

PARISH OFFICE HOURS
Monday – Friday: 8:30 a.m. - 1:00 p.m.
Saturday & Sunday: 8:30 a.m. - 2:00 p.m.
PHONE: (562) 923-3246

CONFESSION
1st Friday of the Month: 7:30 p.m. - 12 midnight
Monday's and Friday's: 6:00pm - 7:00pm
Saturday's: 3:45pm - 4:45pm

CLERGY
Pastor:
Monsignor Lorenzo Miranda

Associate Pastor:
Rev. Ambrose Udoji

Permanent Deacons:
Victor Ceja
Carlos Origel

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tnicholas@olphdowney.com

Director of Music:
Amy Brent - ext. 211

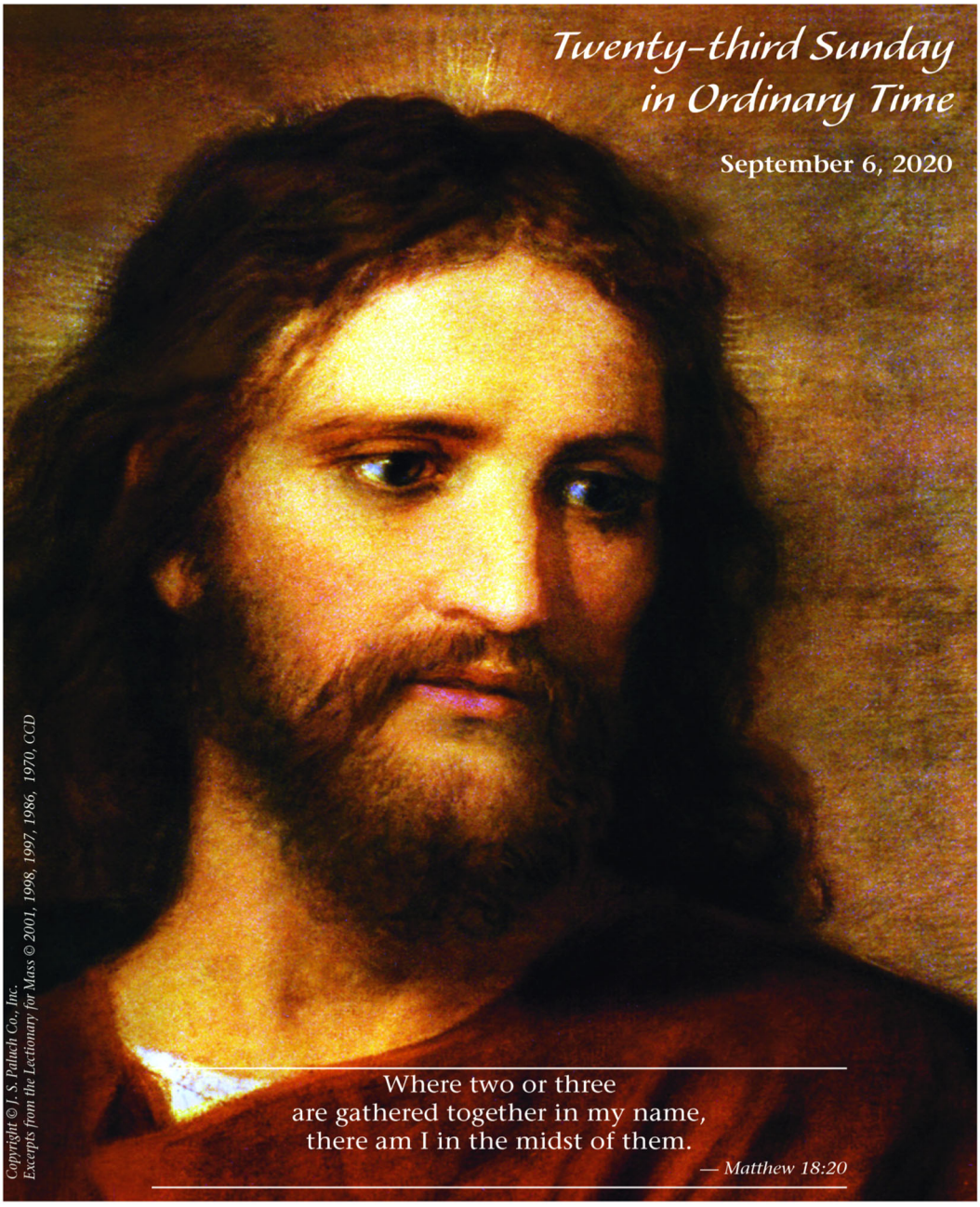
RELIGIOUS EDUCATION
(562) 862-7268
Monday - Thursday
9:00 a.m. - 5:00 p.m.
(Temporary due to Covid)

OLPH SCHOOL
10441 Downey Ave.,
Downey
(562) 869-9969
Monday - Thursday
8:00 a.m. - 3:00p.m.
Friday 8:00 a.m. - 1:00 p.m.

If today you hear his voice, harden not your hearts
Psalm 95

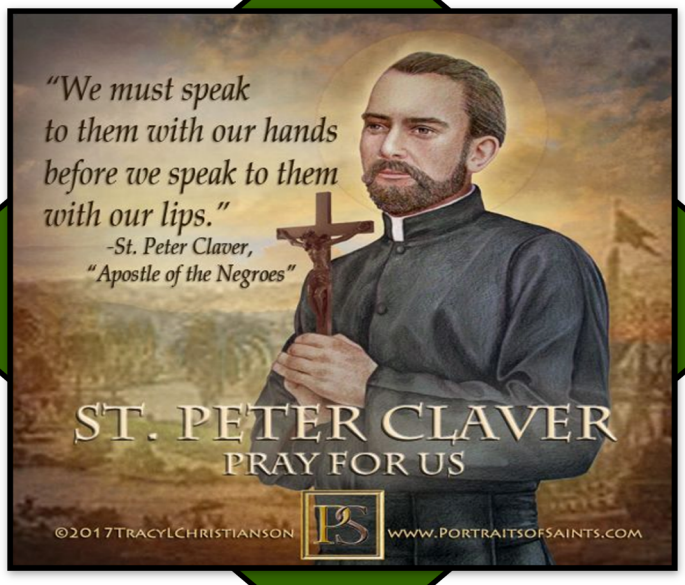
Si hoy escuchas su voz, no endurezcas tu corazón
Salmo 95

10727 So. Downey Ave., Downey, CA. 90241 ■ Phone: (562) 923-3246 ■ Email: office@olphdowney.com ■ Fax: (562) 862-7020 ■ www.olphdowney.com



The Nativity of the Blessed Virgin Mary

SAINT of the WEEK



Masses Intentions

Saturday, September 5
8:15 am † Edmundo Cordero
5:00 pm † Paul La Motte
7:00 pm Pro Populo (Parishioners of OLPH)

Sunday, September 6
6:30 am † Mary Weber
8:00 am Pro Populo (Parishioners of OLPH)
9:30 am † Miguela Menchavez
11:30am † Noah Sandoval
† Matthew Rivera
† Rebecca Pilar Wilson
Dino Charolla
1:30 pm † Frank Onecido Ramirez
† Mercedes Ramirez
† Nelson Medina
† Antonio Sanchez
† Filemon Carrillo
5:00 pm † Edmundo Cordero
7:00 pm Pro Populo (Parishioners of OLPH)

Monday, September 7 - Labor Day
9:30 am † Cesar & Cirila Rivero

Tuesday, September 8
8:15 am † Diane Childers
† Horentino Garcia
7:00 pm † Florentino Garcia
Alicia Bobadilla

Wednesday, September 9
8:15 am Pro Populo (Parishioners of OLPH)
7:00 pm Pro Populo (Parishioners of OLPH)

Thursday, September 10
8:15 am † Richard Joe Garcia
† Ted English
7:00 pm Pro Populo (Parishioners of OLPH)

Friday, September 11
8:15 am Pro Populo (Parishioners of OLPH)
7:00 pm † Ramon Vallejo

Saturday, September 12
8:15 am † Edmundo Cordero
5:00 pm † Mary Dixon
† Paul La Motte
Jill Maloloyon
7:00 pm Pro Populo (Parishioners of OLPH)

Sunday, September 13
6:30 am Pro Populo (Parishioners of OLPH)
8:00 am † Frank Hernandez
† Alex Santana
9:30 am † Mary Weber
† Cesar & Cirila Rivera
Yaretzi Hernandez
11:30am † Denis Dunn(e)
† Rebecca Pilar Wilson
Dino Charolla
† Alma Avelayo
1:30 pm † Pilar Lopez
Andres & Maria Luisa Campos
5:00 pm † Edmundo Cordero
7:00 pm Pro Populo (Parishioners of OLPH)

PRAYER Request

For those who have gone before us…
- Edmundo Cordero
- Rebecca Pilar Wilson
- Jon Biando
- Simon Arballo
- Carmen Alvarez Rangel
- Juan Manuel Gomez Preciado
- Santiago Sanchez Gomez
- Alejandra Ochoa Gomez
- Jose Luis Sanchez
- Felipe Preciado Mora
- Eduard Verdugo
- John Lopez
- Dr. Vicky Haro
- Alex M. Santana
- Devin Mendoza

For those suffering illness, and those in need of our prayers…
- Alejandro Garcia
- Maria Preciado
- Ralph Duron
- Maria Julia Garcia
- Roman Vazquez
- Salvador de Anda
- Ramon Rangel
- Mando Quezada
- Silvia Cardenas
- Carlos Galeana
- Kerri Grothe Balayane
- Rosa Rose

MILITARY PRAYER LIST

Let us pray for our men and women serving our country.
Lord, hold our troops in your loving hands. Protect them as they protect us. Bless them and their families. We ask this in the name of thy Son, Jesus Christ, our Lord and Savior. Amen

To include a member's name email, Bulletin@olphdowney.com
(Please include family member name and where they are stationed)

Kevin Amador USS Carney DDG64, Spain
Jesse Chavez Camp Pendleton, Oceanside
Jorge Paz Naval base, San Diego, CA
Michael Alexander Vega US Army, Germany
Daniel Villanueva US Army, Ft. Drum, New York
Brett Baldwin Air Force, Colorado
Shane Hale US Navy, Norfolk, Virginia
Andrew Goodman US Marines, Okinawa, Japan
Jadin Sanchez Lackland Air Force, Texas
Kadin Sanchez Lackland Air Force, Texas
Col. Tomas Dorame US Army, Washington D.C.
Jorge Luiz Olmos US Army, North Carolina
Timothy Arthur Untalan US Marine, Twenty-Nine Palms
Jennaline Reyer US Army, Irwin Base, Ca
Javier Ovando US Marine Corp, Japan
Jose Alfredo Jimenez US Army, Oklahoma
Fernando Jantes US Marine Corp, San Diego

C.J. Herrera US Army, N. Carolina, Qattara
Elizabeth Morales US Navy, Virginia Beach
Rodrigo Miranda US Navy, Vandenberg
Jesus Aven Nieves US Navy, North Carolina
Frederick McDonald US Navy, Coronado
Jake Spieckerman US Marine, San Diego, CA
Joseph Scott US Marine, Camp Pendleton
Lisa Scott US Army National Guard, Los Alamitos
Javier Garcia US Marines, San Diego, CA
Brian Eric Brooks US Army, Santa Monica, CA
Adrian Ariesteo Sandoval US Air Force, Mississippi
Joseph Perez US Marines, San Diego
Jason Martin US Army, N. Carolina (Syria)
Heydt Quinn US Army, Oahu Hawaii
Mikel Sambrano US Navy, Coronado Island
Justin Aragon US Army, JBLM Tacoma, WA
Jasper Aragon US Army, Fort Bliss, El Paso, TX
Allen Florence US Navy Reserve, Coronado Isle

James Granger US Army, Mare Island, San Diego
Eulalio Unzueta US Army, Camp Zama, Japan
Javier Angulo Air Force, Barksdale, Louisiana
Craig M. Steele US Navy, Biloxi, Mississippi
Vince Mendez US Air Force, Beals, CA
Robert C. Cadena US Navy, San Diego, CA
LCPL Alfonso C. Rodriguez USMC Camp Pendleton, Oceanside, CA
CPL Joey Starr USMC Camp Pendleton, Oceanside, CA
LCPL Isaiah San Nicholas USMC Camp Pendleton, Oceanside, CA
LCPL Gilbert Sosa USMC Camp Pendleton, Oceanside, CA
PFC Josh Sanchez USMC Camp Pendleton, Oceanside, CA
CPL Logan Sutte USMC Camp Pendleton, Oceanside, CA
LCPL Jose Rodriguez USMC Camp Pendleton, Oceanside, CA
CPL Trevor Thiel USMC Camp Pendleton, Oceanside, CA
LCPL Jacob McCarty USMC Camp Pendleton, Oceanside, CA
Andrew Moreno US Army, Fort Jackson, SC

Joseph Curbelo US Army National Guard, Ft. Gordon, GA
Rick Moody US Marine, Quantico, VA
Peter Roldan Air Force, Fairbanks, AL
PFC Jonathan Frank Medrano USMC Camp Le Jeune, NC
Camille Islas US Navy, Japan
Hector Escobar US Army, Ft. Hood, TX
PFC Kristopher Montes US Army, Ft Bliss, El Paso, TX
Danniel Sapien US Army, Kuwait
Angela Nicolle Camacho US Navy, Great Lakes, Illinois
Eileen Bolaños US Navy
Mauricio Magdaleno US Army, Ft. Benning, Georgia
Mario Magdaleno US Army, Ft. Benning, Georgia
Cesar Andrez Rivero Velasco US Army, Ft. Honolulu, Hawaii
Gabriel Lozano-Hernandez US Marines, Camp Pendleton Oceanside, CA
Edgar Garabito US Army, Ft. Benning, Cusseta , Georgia

Religious Education

OFFICE (562) 862-7268

Monday - Thursday
12:00 p.m. - 8:30 p.m.

For questions email: olph.reled@yahoo.com
mrogers@olphdowney.com

—- PRAYERS TO KNOW —-

Sign of the Cross

In the name of the Father,
and of the Son,
and of the Holy Spirit. Amen.

Glory Be

Glory be to the Father,
and to the Son,
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end. Amen.

PROMISE TO PROTECT PLEDGE TO HEAL

Review your family rules and safety plans

The start of a new school year is a great time to review your family's rules and to go over safety plans for emergencies. Make sure all your children know what to do and who to contact if something is wrong. Go over the phone numbers they can call and what order to call them — 911, a parent's office or cell phone, a trusted neighbor or a family friend. Discuss where to find these numbers if they forget them. Create a code word that all family members will recognize to mean something is wrong or someone is in an uncomfortable or dangerous situation. For more ideas, visit https://lacatholics.org/did-you-know/.

School News

WELCOME!!! OLPH STUDENTS!!!

Monday, August 24 was our First Day of Distance Learning and even though it was a bit different this year, but it was still a success.

Tips:

- Create a learning area.
- Create a daily Routine including physical activity.
- Take a break from electronics.
- Parents/students should check emails daily.
- Encourage students to FaceTime/Zoom with friends.
- Have students talk about their day.
- Have students be proactive.

Tech Support

Problems with Wi-Fi/hotspot, Resetting your password, iPad malfunctions. Please let the teacher know. If problems keep occurring email Principal Douglas Rynerson.

OLPH NORMS

- Be present in the moment
- Be grateful
- Be respectful
- Be Christlike

DISTANCE LEARNING NORMS

- Turn ON CAMERSA during instruction time
- Wear the appropriate school uniform when camera is on
- Background on camera must be distraction—free, and full legal name must be used on zoom

We are the mighty Vikings!!!

If you ever thought that living as a Christian was always going to be easy, today's readings will convince you that this is not so. In the first reading from Ezekiel, the prophet was sent to convince the people in Jerusalem to return to God and God's ways; he bore rejection as a result of fulfilling his mission. In today's Gospel, Jesus instructs his followers to work toward reconciliation when we have been wronged, rather than remaining caught in anger or disappointment. Saint Paul captures what lies behind these instructions—love. "Love does no evil to the neighbor; hence, love is the fulfillment of the law." When we are tempted to walk away from a friend or co-worker with whom we disagree, or even more so when we worry that the person has turned away from the Lord, we are instead called to reach out in love.

LOVE AS CHRIST CALLS

The truth is, love is sometimes wonderfully charged with light and life, but it also often requires us to confront wrongdoing and injustice, to be patient and forgiving, and to work for peace and reconciliation. As followers of Jesus Christ, we are called to reflect the love of God which desires the best for every person and for all of humanity. Jesus was so committed to this mission of God's love that he gave himself as an offering of pure sacrifice. This is not easy love. It is compelling love, the sort of love that transforms and draws us toward the light and life that in our hearts we know we seek, and which we are called to share.

IF TODAY YOU HEAR HIS VOICE

Where does this leave us when we experience conflict with others? As in all times and seasons, the best place to begin is in prayer. Listen for the voice of God in personal prayer, at Mass, in sacred scripture and other devotional reading, with trusted faithful and faith-filled friends. Listen with the compassion of the Lord in mind. And when you hear God's voice, pay attention! This sounds self-evident, yet how many of us hear God's voice but ask that we not be called to the challenge and discomfort of the situation, desiring instead to hope that things will simply get better? Perhaps they will, but perhaps you are called to bring the light and life of Christ to the situation, in love, for love, and through love, just as Jesus did. "If today you hear [God's] voice, harden not your hearts," says today's psalm. We often know the depth of love to which we are called. Today's readings invite us to listen and to act, to love our neighbor as ourselves, to desire the best for every person as God desires, and to be assured that God is in our midst.

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Si alguna vez pensaste que vivir como cristiano siempre iba a ser fácil, las lecturas de hoy te convencerán de que esto no es así. En la primera lectura de Ezequiel, el profeta fue enviado para convencer al pueblo de Jerusalén de regresar a Dios y a los caminos de Dios; tuvo el rechazo como resultado del cumplimiento de su misión. En el Evangelio de hoy, Jesús instruye a sus seguidores a trabajar hacia la reconciliación cuando hemos sido agraviados, en lugar de permanecer atrapados en la ira o la decepción. San Pablo captura lo que hay detrás de estas instrucciones: el amor. "El amor no hace maldad al prójimo; por lo tanto, el amor es el cumplimiento de la ley." Cuando nos sentimos tentados a alejarnos de un amigo o compañero de trabajo con quien no estamos de acuerdo, o más aún cuando nos preocupamos de que la persona se haya alejado del Señor, en cambio se nos llama a tender la mano con amor.

AMA COMO CRISTO LLAMA

La verdad es que el amor está maravillosamente cargado con luz y vida, pero también requiere que enfrentemos las malas acciones y la injusticia, que seamos pacientes y perdonemos y que nos reconciliemos y promovamos la paz. Como seguidores de Jesucristo, se nos llama a mostrar el amor de Dios que desea lo mejor para cada persona y para toda la humanidad. Jesús estaba tan comprometido con esta misión de amor de Dios que se entregó a sí mismo como una ofrenda de sacrificio puro. Este no es un amor fácil. Es un amor convincente, el tipo de amor que nos transforma y nos atrae hacia la luz y la vida que en nuestros corazones sabemos que buscamos, y que estamos llamados a compartir.

SI HOY ESCUCHAS SU VOZ

¿Dónde nos pone esto cuando experimentamos un conflicto con otros? Como en todas las momentos y ciclos, el mejor lugar para empezar es en la oración. Escuchar la voz de Dios en la oración personal, en la Misa, en las Sagradas Escrituras y otras lecturas devocionales, con amigos fieles de confianza y llenos de fe. Escuchen con la compasión del Señor en mente. Y cuando escuchen la voz de Dios, ¡pongan atención! Esto se escucha evidente, pero ¿cuántos de nosotros escuchamos la voz de Dios, pero pedimos que no se nos llame al desafío y la incomodidad de la situación, deseando en cambio esperar que las cosas simplemente mejoren? Tal vez lo hagan, pero tal vez están llamados a llevar la luz y la vida de Cristo a esa circunstancia, en el amor y a través del amor, como Jesús lo hizo. El salmo de hoy dice: "Si hoy escuchan la voz (de Dios), no endurezcan su corazón". A menudo conocemos la profundidad del amor al que estamos llamados. Las lecturas de hoy nos invitan a escuchar, a comportarnos, a amar a nuestro prójimo como a nosotros mismos, a desear lo mejor para cada persona de acuerdo a la voluntad de Dios y a estar seguro de que Dios está en medio de nosotros.

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Natividad de la Virgen María

SANTO DE LA SEMANA

DIRECTORIO DEL MINISTERIO HISPANO - VER LA PAGINA 8

CAMBIOS TEMPORALES PARA LAS MISAS

Como probablemente oíste en las noticias, el aumento de los casos COVID -19 ha llevado al gobernador Newsom a anunciar una ronda de clausuras. Eso significa una restricción a las celebraciones públicas de la misa en la iglesia.

Las misas diarias y dominicales se llevarán a cabo en la plaza / la entrada de la iglesia
(en la esquina de New St. & Downey Ave.)

⇒ **Si por favor podría traer su propia silla para la misa**
(*Por favor, lleve todas sus pertenencias al terminar de la misa)*
⇒ **Mantenga una distancia de 6 pies cuando sea posible**
⇒ **Usar una cubierta de tela para la cara**
⇒ **Desinfectar sus manos antes de la misa**
⇒ **Usted recibirá el Cuerpo de Cristo solamente**
⇒ **Todos los tiempos de las misas seguirán siendo los mismos**

Las misa están disponibles en la pagina:
www.olphdowney.com
Ahí pueden ver y escuchar la misa y el mensaje de la semana de Monseñor Lorenzo en su casa.

Gracias por su cooperación.

Anuncio del Ministerio de Consolación:
Vida después de una pérdida.

Las sesiones de grupo por Zoom de 6 semanas comenzarán el 23 de septiembre de 2020

El salmo 34 vs 19 dice: *"El Señor esta cerca de las almas que sienten aflicción y salva a los de espíritu abatido."*
Este salmo nos asegura a todos que nuestro Dios está con nosotros en tiempos de alegría y especialmente en tiempos de tristeza. El duelo es un dolor profundo normal relacionado con la pérdida de un ser querido. Sentir, reprocesar y pensar en la pérdida puede ser una parte esencial de la sanación, pero debemos hacer más que esto para sanar.

Cuándo: el 23 de septiembre al 28 de Octubre y misa el día de los Fieles difuntos 2 de Noviembre.

Cómo registrarse:
La inscripción es gratuita, solo envíe un correo electrónico a cualquiera de las direcciones junto con su número de teléfono de contacto y nos comunicaremos con usted dentro de un día para ayudarlo y responder a sus preguntas:

* Luis y Eva Santos al: Luismsantoos@gmail.com
* Diacono Víctor & Lulú Ceja al: L112473@aol.com

Preguntas adicionales, por favor llamar al 562 450-8125 o La Rectoría 562-923-3246

Lunes, 7 de septiembre
(observado)
Misa a las 9:30am bilingüe
La oficina estarán cerradas
La iglesia cerrara después de la misa

Misa Azul
Miércoles, 9 de septiembre
9:30 a.m.

La Misa Azul está dedicada a los destacados hombres y mujeres de Downey en la policía y el departamento de bomberos. Es nuestra oportunidad como comunidad para orar por la seguridad y la protección, ya que sirven a Downey durante todo el año.

Rosario Diario de OLPH

La invitación por zoom:
https://us02web.zoom.us/j/8358551083
La claves: 4w4X0q
Horario: 6:00 pm español

Los moderadores del rosario le piden que marque a la reunión **5 minutos antes** de la hora de inicio para que puedan comenzar la oración a tiempo. Preguntas llamen (562) 923-3246

Revise las reglas y planes de seguridad de su familia

El inicio del nuevo año escolar es un gran momento para revisar las reglas establecidas en su familia y para repasar los planes de seguridad en caso de emergencias. Asegúrese que todos sus hijos sepan qué hacer y a quién contactar si algo anda mal. Repase los números de teléfono a los que pueden llamar y en qué orden llamar: 911, a la oficina o al celular de uno de los padres de familia, a un vecino de confianza o a una amistad de la familia. Discuta dónde encontrar esos números si se les olvidan. Cree una palabra en código para que todos los miembros de la familia la usen cuando algo está mal o cuando alguien esté en una situación incómoda o peligrosa. Para más ideas, visite https://lacatholics.org/did-you-know/.

CHURCH DIRECTORY

Pastor
Monsignor Lorenzo Miranda

Associate Pastor:
Father Ambrose Udoji

Permanent Deacon
Carlos Origel

Permanent Deacon
Victor Ceja

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Co-Chair: Debbie Hale

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EMAIL ..… daniel.rodriguez@olphdowney.com

Communion Coordinator:
Maria Estevez
EMAIL …….. maria.estevez@olphdowney.com

RCIA / RCIT
……(562) 862-7268

OUR MINISTRIES & ORGANIZATIONS
MINISTERIOS Y ORGANISACIONES

Catholic Women's Guild:
Armida Lugo …..…… (562) 715-6142
Paula Mayfield ……..… (562) 923-3518

Little Rock Bible Study
Richard Ching …….. (562) 382-3360

Couples for Christ
Albert Mendoza ……..… (951) 264-1822
Ma Cecile Mendoza ... (562) 858-2326

OLPH Young Adults
Alex & Jackie Yepez
…….... (562) 964-7317

Choir:
Amy Brent ……..... Ext. 211
…… (562) 923-3246

Coro: 1:30 pm y 7:00 pm
Efrain Andrade ..…… (562) 305-1927
(Ensayo los jueves a las 7:00 pm)

Grupo de Oración
Lily Haro ……... (562) 822-6483
Adriana Santoyo …… (562) 299-4400
Deacon Rogelio Pardo
…… (213) 792-4498

Ministerio de CONSOLACION (Duelo)
Lourdes Ceja …… (562) 450-8125

Ministerio Biblico
Violeta Galdamez ….. (562) 334-7787
Martha Michel ..…… (805) 888-7141

Sunday Scriptures Study
Gino Bosdachin ……. (562) 688-3836

Respect Life Committee
Linda Malme ……. (562) 869-6491

Ministry of Consolation (Bereavement)
Silvia Gardner ..…… (562) 882-4906

Holy Hour Vigil
1st Friday Vigil 4:30 pm - 6:00 pm
Nerita Agustion ……. (213) 550-7162

Filipino Community
Carol Bautista …… (562) 413-7173

Legion of Mary
Rosemary …….... (562) 773-4187

St. Vincent de Paul
Peter Silva ..…….... (310) 462-6672

Apostolado de la cruz
Emma Romo …… (562) 382-3188

Encuentro Matrimonial
Luis y Gaby Cardenas
…… (562) 418-1969
Email ..…. Gbuenabad73@gmail.com

Divorciados y Separados
Maria Paredes …… (562) 397-6444

Rosario
Irma Martuccio ..…… (562) 806-9823

Downey's ONLY Catholic Dual Language School!

Hours of operation:
Monday - Thursday 8:00 a.m. - 3:00 p.m.
Friday 8:00 a.m. - 1:00 p.m.

Location: 10441 Downey Ave., Downey, CA 90241
Phone: (562) 869-9969

Follow us on:
Facebook:
olphTk8 or Our Lady of Perpetual Help School
Instagram: @olphtk8
Twitter: @olphtk8

SACRAMENTS & MORE

Anointing of the Sick: Call to schedule a visit by a priest
…… (562)923-3246

Baptism: Pre Baptismal Preparation Classes required from parents and godparents before scheduling Baptism.

Marriage: Call Office at least 6 months (recommend 1 year) in advance to make arrangements.

Quince's: Call Office at least 6 months in advance to make arrangements. Young lady must have received the Sacraments of Baptism and First Eucharist.

WEBSITE: …… www.olphdowney.com
EMAIL: …… office@olphdowney.com

TEMPORARY SCHEDULE CHANGES

As you have likely heard in the news, spike in the COVID -19 cases has led governor Newsom to announce a round of closings. That means a restriction on indoor, public celebrations of Mass.

Daily and Sunday masses will be held Outdoors on the Church Plaza
(corner of New St. & Downey Ave.)

- ⇒ **Please bring your own chair for mass**
  (don't forget to take your belongings when leaving)
- ⇒ **follow 6 feet social distance**
- ⇒ **Wear a mask**
- ⇒ **Sanitize your hands**
- ⇒ **Mass schedule will remain the same**
- ⇒ **Only will be receiving the Body of Christ**
- ⇒ **If you are feeling ill stay home**

Online Masses are available at
olphdowney.com
There you are able to watch Sunday Mass and Msgr. Lorenzo's message of the week, at the comfort of your home.

Thank you for your cooperation!

Ministry of Consolation Announcement:
Life After Loss
8 week group **Zoom** sessions in English will begin September 16, 2020

Psalm 34 vs 18 says: "The Lord is close to the Broken Hearted; He rescues those whose spirits are crushed."
This psalm reassures us all that our God is with us in times of joy and especially in times of sorrow. Grief is a normal deep sorrow connected to a loss of a loved one.
Feeling, reprocessing, and thinking about the loss can be an essential part of healing but we must do more than this to heal. We need a plan, and attending the Life After Loss sessions is a way to begin. Join us as a community to begin the journey through the process.

When: Sept. 16 – Nov. 4
How to register: Registration is free, however the "New Day Journal"
(see below) is required for the sessions.

Please send an email to either address along with your **contact phone number** & we will contact you within 1 day to assist & answer your questions:
Sylvia Gardner at: sylgardner81@gmail.com
OR
Maureen Cimino at: mfcimino100@gmail.com.
Additional questions, please call 562 882-4906 and leave a message; or call the OLPH church office 562-923-3246.

The New Day Journal: A Journey from Grief to Healing , by Mauryeen O'Brien Amazon cost is: $10.58

Monday, September 7
In observation of
Labor Day
Our Office will be closed
Mass at 9:30am Bilingual
Morning prayer at 8:55am

Blue Mass
Wednesday, September 9
9:30 a.m.

The Blue Mass is dedicated to Downey's outstanding men and women in the police and fire department. It is our opportunity as a community to pray for safety and protection as they serve Downey throughout the year.

Come Pray the Rosary with Us!

The following is the invitation
Username: 9806942787
Password: 887546
Hours: English 6:00pm

The rosary moderators ask that you dial into the meeting 5 minutes before start time so they can begin the prayer on time. We hope you will join us in prayer.