

OUR LADY OF PERPETUAL HELP CHURCH



PARISH OFFICE HOURS

Monday – Friday: 8:30am – 7:00pm
 Saturday: 8:30am – 7:00pm
 Sunday: 8:30am – 7:00pm
 Closed for lunch (Monday – Friday) 1:00pm – 2:00pm

SCHEDULE OF MASSES

WEEKEND

Saturday: English 5:00pm
 Spanish 7:00pm
 Sunday: English 6:30am, 8:00am
 9:30am, 11:30am, 5:00pm
 Spanish 1:30pm, 7:00pm

WEEKDAY

Morning Prayer: 7:55am (Monday – Friday)
 Morning Mass: Monday – Saturday: 8:15am
 Mass in Spanish: Monday – Friday 7:00pm

BLESSED SACRAMENT EXPOSITION:

1st Friday of the month
 8:15am – 12 midnight
 Monday – Friday
 6:00pm – 7:00pm

CONFESSIONS:

1st Friday of the month
 7:30pm – 12 midnight
 Mondays and Fridays
 6:00pm – 7:00pm
 Saturday
 3:45pm – 4:45pm

SACRAMENT OF THE SICK:

Please call the parish office.

10727 So. Downey Ave., Downey, CA. 90241 ■ www.olphdowney.com ■ Phone: (562) 923-3246 ■ Fax: (562) 862-7020 ■ Email: office@olphdowney.com

CLERGY

Pastor:
 Monsignor Lorenzo Miranda
 Associate Pastor:
 Rev. Ambrose Udoji
 Permanent Deacons:
 Carlos Origel
 Victor Ceja

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 Liturgy Coordinator:
 Theresa Nicholas
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 Director of Music:
 Amy Brent - ext. 211

RELIGIOUS EDUCATION

(562) 862-7268
 Monday – Thursday: 12:00pm – 8:30pm

OLPH SCHOOL

10441 Downey Ave., Downey
 562-869-9969
 Monday – Thursday: 7:30am – 4:00pm
 Friday: 7:30am – 1:00pm

*The Lord is kind and
 merciful. Psalm 103*

*El Señor es compasivo y
 misericordioso. Salmo 103*

“But to you who are willing to listen, I say,
love your enemies!

DO GOOD to those who
hate you.

BLESS those who
curse you.

PRAY for those who
hurt you.



» Luke 6:27-28 «

dlb

PASTOR'S COLUMN

Dear Community of Our Lady of Perpetual Help,

**“The Lord is kind and merciful ...
He pardons all your iniquities ... ” Psalm 103**

We suffer in our sins, but God comes to us and forgives us, repeatedly. His mercy is infinite. He slowly transforms us into people of mercy. An example is David, who could have killed his enemy Saul, when God delivered him into the hands of David.

**“Do not harm him ... for who
can lay hands on the Lord's anointed ...” I Samuel**

Our mercy should grow without limits, that we are able to do good even to our enemies, by first praying for them.

**“Love your enemies and do good to them ... your reward will be great ...
for God Himself is kind to the ungrateful and the wicked ...” Luke**

Lord, give us a heart of mercy!



Monsignor Lorenzo



PROTECT YOUNG PEOPLE FROM CYBERBULLYING

Cyberbullying can happen at any time, on any online platform. It can take many forms – cruel direct messages, threatening emails, mean texts, shared photos, and more. Victims of cyber-bullying often suffer from anxiety and depression, and their self-esteem can be diminished. They may be reluctant to talk about bullying, so parents need to be on top of all their children's online activities. Asking questions and getting information about popular apps and sites will help, too.

PRAYER REQUEST

For those suffering illness, and those in need of our prayers

- ❖ Lucy Reyes
- ❖ Kerri Grothe Balayan
- ❖ Fernando Aguilar
- ❖ Frances Jordan
- ❖ Felipe Preciado Mora
- ❖ Maria Jesus Rodriguez
- ❖ Raymond Lazo
- ❖ Daisy Lazo
- ❖ Patricia Wilson
- ❖ Robert Mescavage
- ❖ Conchita Alvarez

For those who have gone before us

- ❖ David Vargas
- ❖ Albert Edward Miller
- ❖ Pedro Pineda
- ❖ Marilyn Jackson
- ❖ Victoria Isiordia de Pintado
- ❖ Arthur Felix
- ❖ Sam Puletsi
- ❖ David Giries
- ❖ Gladys Ayala
- ❖ Maria De Jesus Jimenez
- ❖ Gloria De La Cruz
- ❖ Josefina Mercado

Lord, Hear our prayers.

STEWARDSHIP

We would like to thank all of our parishioners, ministries and visitors for being generous with your weekly donations. May God bless you for your continued support.

Collection for Weekend of February 17, 2019

Sunday Collection	\$15,082
Electronic Collection	\$2,679
School Support	\$56
Capital Improvements	\$3,000

Together In Mission 2019



REFLECTION ON TOGETHER IN MISSION FR AMBROSE UDOJI

Together In Mission is a pastoral campaign, during which we demonstrate our togetherness in providing financial, religious, social and educational supports, to our brothers and sisters, including children, who are in abject condition, in the Archdiocese of Los Angeles.

Together In Mission has its origin in the bible, where God the Father, God the Son and God the Holy Spirit are united in the mission of human salvation. It is also reflected in the history of creation, when God said "let us create man in our own image." (the trinity reveals Together In Mission).

Together In Mission is further revealed when Peter told his partners in the other boat to come and share in the fish he has caught, at the command of Christ. Christ made Peter to catch fish, so that through him, other people would have some fish to go home with. Together In Mission is thus an act of inviting others to share in your blessing like Peter.

Matthew chapter 25 also reminds us of Together In Mission, where sharing our blessings with others who are in need is revealed as a gateway to heaven. Together In Mission signifies serving God in our neighbor.

Further more, the Acts of Apostles shows clearly how the early Christians conducted the Together In Mission. They were living the life of togetherness, by praying together, breaking bread together and making sure that none of their members was in need.

These scriptural reference are designed to help us understand deeply the significance of the Together In Mission, so that we do not exclude ourselves from it. Hence, this reflection explains that Together In Mission is our joint vocation and responsibility.

And with this insight, we can now understand that Together In Mission is a special time to share our blessings with the schools and parishes in the Archdiocese of Los Angeles who are in dire need of financial support.

It is a special time to express our gratitude to God for his healing, protection and forgiveness, by supporting those schools and parishes of the Archdiocese who are desperately in need of financial help.

Together In Mission is a graceful moment when we voluntarily resolve to make a difference in the poor schools and parishes of the Archdiocese of Los Angeles.

Since, this is our joint vocation and divine responsibility, do not disqualify yourself from it. God knows that you are struggling, yet he calls you to join in this pastoral campaign. Isaiah, Paul and Peter felt that they were incapable to join in this mission, but God revealed to them that his grace is enough for them. So, cast away your fears, resentment or grudges and join in this pastoral campaign which God is calling you to participate.

Remember that this pastoral campaign is called Together In Mission simply because of its inclusivity. Everyone is involved. Consequently, there is no exclusion in the mission of Christ. All of us have been given something to offer for the good of others, no matter how little. Finally, may God's abundant blessing, healing, protecting and peace remain with you as you serve him in this pastoral campaign through Christ our Lord, amen.



RELIGIOUS EDUCATION

Office (562) 862-7268

Monday - Thursday

12:00pm - 8:30pm

RICE BOWL KICK-OFF ASSEMBLY

Sunday, March 3



Next Sunday our students will be attending a Rice Bowl Kick-off assembly during their class time.

For the duration of Lent, the Religious Education program will participate in CRS Rice Bowl, a faith-in-action program that invites us to encounter our neighbor, as companions on the journey, through prayer, fasting and almsgiving. As we prepare for this holy season of Lent, it is especially meaningful to come together in prayer as a family.

We encourage you to use these suggestions in your family's Lenten plan:

- Use your CRS Rice Bowl and Lenten Calendar daily to guide your prayer, fasting and almsgiving.
- Read the Stories of Hope and daily reflections to inspire your Lenten journey— and guide your Lenten almsgiving.
- Prepare simple, meatless meals on the Fridays of Lent to eat in solidarity with our brothers and sisters around the world.

For more information contact the Religious Education Office or visit csricebowl.org/stories to watch videos of peoples and communities you support through your Lenten gifts to CRS Rice Bowl.

"Lent is the favorable season for renewing our encounter with Christ, living in his word, in the sacraments and in our neighbor."

—Pope Francis



Tomas Jesus Capaz & Ruth Yanneth Suarez Villanueva

MILITARY PRAYER LIST

Please pray for our men and women serving our country. To include a family member's name please email esanchez@olphdowney.com. Please include family member name and where they are stationed.



Kevin Amador

USS Carney DDG64, Spain

Jesse Chavez

Camp Pendleton, Oceanside

Jorge Paz

Naval base, San Diego

Michael Alexander Vega

US Army, Germany

Daniel Villanueva

US Army, Ft Drum, New York

Brett Baldwin

Air Force, Colorado

Shane Hale

US Navy, Norfolk, Virginia

Andrew Goodman

US Marines, Okinawa, Japan

Jadin Sanchez

Lackland Air Force, Texas

Kadin Sanchez

Lackland Air Force, Texas

Col. Tomas Dorame

US Army, Washington D.C.

Jorge Luiz Olmos

US Army, North Carolina

Timothy Arthur Untalan

US Marine, Twenty-Nine Palms

Jennaline Reyer

US Army, Irwin Base, Ca

Javier Ovando

US Marine Corp, Japan

Jose Alfredo Jimenez

US Army, Oklahoma

Fernando Jantes

US Marine Corp, San Diego

C.J. Herrera

US Army, N. Carolina, Qatar

Elizabeth Morales

US Navy, Virginia Beach

Rodrigo Miranda

US Navy, Vandenberg

Jesus Aven Nieves

US Navy, North Carolina

Frederick McDonald

US Navy, Coronado

Jake Spieckerman

US Marine, San Diego, CA

Joseph Scott

US Marine, Camp Pendleton

Lisa Scott

US Army National Guard, Los Alamitos

Javier Garcia

US Marines, San Diego, Ca

Brian Eric Brooks

US Army, Santa Monica, CA

Adrian Aristeo Sandoval

US Air Force, Mississippi

Joseph Perez

US Marines, San Diego

Jason Martin

US Army, N. Carolina (Syria)

Heydt Quinn

US Army, Oahu Hawaii

Mikel Sambrano

US Navy, Coronado Island

Justin Aragon

US Army, JBLM Tacoma, WA

Jasper Aragon

US Army, Fort Bliss, El Paso

Allen Florence

US Navy Reserve, Coronado Isle

James Granger

US Army, Mare Island, San Diego

Eulalio Unzueta

US Army, Camp Zama, Japan

Javier Angulo

Air Force, Barksdale, Louisiana

Craig M. Steele

US Navy, Biloxi, Mississippi

Vince Mendez

US Air Force, Beals, CA

Robert C. Cadena

US Navy, San Diego, CA

LCPL Alfonso C. Rodriguez

USMC Camp Pendleton, Oceanside, CA

CPL Joey Starr

USMC Camp Pendleton, Oceanside, C

LCPL Isaiah San Nicholas

USMC Camp Pendleton, Oceanside, CA

LCPL Gilbert Sosa

USMC Camp Pendleton, Oceanside, CA

PFC Josh Sanchez

USMC Camp Pendleton, Oceanside, CA

CPL Logan Sutte

USMC Camp Pendleton, Oceanside, CA

LCPL Jose Rodriguez

USMC Camp Pendleton, Oceanside, CA

CPL Trevor Thiel

USMC Camp Pendleton, Oceanside, CA

LCPL Jacob McCarty

USMC Camp Pendleton, Oceanside, CA

Andrew Moreno

US Army, Fort Jackson, SC

Joseph Curbelo

US Army National Guard, Ft. Gordon, GA

Rick Moody

US Marine, Quantico, VA

Peter Rodan

Air Force, Shepherd TX

PFC Jonathan Frank Medrano

USMC Camp Le Jeune, NC

Camille Isles

US Navy, Japan

Hector Escobar

US Army, Ft. Hood, Texas

Pvt. Kristopher Montes

US Army, Ft Leonard Wood, MO

Lord, hold our troops in your loving hands. Protect them as they protect us. Bless them and their families. We ask this in the name of thy Son, Jesus Christ, our Lord and Savior. Amen

Save The Date

Mother's Day Brunch

Saturday, May 4

Celebrating single and married women

More information to follow



PAPAL INTENTION FOR FEBRUARY

Universal - Victims

For a generous welcome to the victims of human trafficking, enforced prostitution and violence.



RADICAL LOVE

Have you ever read or heard anything about Jesus being called a “radical”? What such a statement ignores is that God has been a radical all through salvation history. What kind of superior being forgives the kind of unloving actions humankind has committed through the centuries? Answer: a God of radical mercy, kindness, love. In today’s Gospel, Jesus teaches that, like himself, like God, we must love with God-like radical compassion, even those who are our “enemies.” Didn’t Jesus give us an extreme example, forgiving those who put him to death? How difficult it is to be like God, like Jesus, forgiving, even *loving*, the very people who have treated us badly!

The first reading gives another example. David was under a death sentence by King Saul, who had become David’s enemy through jealousy. Given an opportunity to murder Saul in his sleep, David chose to let him live, out of respect for God’s will toward Saul. David recognized that the only way for him to do God’s will was to love Saul, his enemy, enough to refrain from being judge, jury, and executioner.

BEARING A GOD-LIKE IMAGE

Today’s psalm praises God for showing mercy toward us, even though we are weak-willed and consistently in need of forgiveness. God is kind to the ungrateful and the wicked, too, and calls us to show this God-like mercy to all. In Paul’s letter to the Corinthians, he tells us that by living and loving as Jesus did, as new creatures, we will bear his image as well. That being the case, and knowing that we are all children of a merciful God, made in God’s image and likeness, we take on the image of Jesus through God-like kindness and compassion.

That word “radical” comes from the Latin word for root (*radix*)—we hear this truth every year during the season of Advent. One of the “names” of the Promised One, Jesus, is “Root” of Jesse—indeed, a radical from before his birth.

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AMOR RADICAL

¿Te ha tocado oír o leer algo acerca de que Jesús era llamado “radical”? Lo que esa afirmación ignora es que Dios ha sido radical a través de toda la historia de la salvación. ¿Qué tipo de ser superior perdona el tipo de actos no cariñosos que la humanidad ha hecho a lo largo de los siglos? Respuesta: un Dios de una misericordia radical, bondadosa y de amor. En el Evangelio de hoy, Jesús enseña que, como él mismo, como Dios, nosotros debemos amar con una compasión radical como la de Dios, incluso con aquellos “enemigos” nuestros. ¿Acaso Jesús no nos dio un ejemplo extremo, perdonando a quienes lo mataron? ¡Qué tan difícil es ser como Dios, como Jesús, perdonando, incluso amando, a las mismas personas que nos tratan mal!

La primera lectura nos da otro ejemplo. David estaba sentenciado a muerte por el Rey Saúl, quien por envidia se había convertido en enemigo de David. Teniendo la oportunidad de asesinar a Saúl mientras dormía, David eligió dejarlo con vida, por respeto a la voluntad de Dios hacia Saúl. David reconoció que la única manera para él para hacer la voluntad de Dios era amar a Saúl, su enemigo, suficiente para abstenerse de ser juez, jurado y verdugo.

COMPORTARSE COMO IMAGEN DE DIOS

El salmo de hoy alaba a Dios por mostrarnos su misericordia, a pesar de que somos de poca voluntad y constantemente en necesidad de perdón. Dios también es bueno con los malvados y nos llama a mostrar a todos esta imagen de Dios misericordioso. En la carta de Pablo a los corintios, él les dice que al vivir y amar como Jesús lo hizo, como nuevas creaturas, también nosotros llevaremos su imagen. Siendo ese el caso, y sabiendo que somos hijos de un Dios misericordioso, hechos a imagen y semejanza de Dios, tomamos la imagen de Jesús a través de la imagen, semejanza y compasión de Dios.

La palabra “radical” viene del latín *radix* que significa raíz; la palabra raíz la escuchamos cada año durante el tiempo de Adviento; es uno de los “nombres” del Prometido, Jesús es la “raíz” de Jesé, verdaderamente un radical desde antes de su nacimiento.

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COLUMNA DEL PASTOR

Querida Comunidad de Nuestra Señora del Perpetuo Socorro,

**“El Señor es bueno y misericordioso ...
El perdona todos tus pecados ... ” Salmo 103**

Sufrimos por el pecado, pero el Dios cercano, nos perdona, siempre. Su misericordia es infinita. Con ternura nos transforma en gente de misericordia. Un ejemplo es David, que pudiera haber matado a su enemigo Saúl, cuando Dios lo puso en sus manos.

**“No le hagas daño ... porque quien puede atentar
contra el ungido del Señor ... ” I Samuel**

Nuestra misericordia debe crecer sin límites, para que siempre podamos hacer el bien, incluso a nuestros enemigos, primeramente orando por ellos.

**“Amen a sus enemigos y hagan el bien a ellos ...
tendrán una grande recompensa ... porque Dios es bueno hasta
con los malos y los ingratos ... ” Lucas**

¡Señor, danos un corazón de misericordia!



Monseñor Lorenzo

6 de marzo miércoles de Ceniza



6:30am Misa Ingles
8:15am Misa Ingles
12:15pm Liturgia Bilingüe
2pm Liturgia Bilingüe
3pm Liturgia Bilingüe
4pm Liturgia Bilingüe
5pm Liturgia Bilingüe
6pm Liturgia Bilingüe
7pm Liturgia Bilingüe
8pm Liturgia Bilingüe
9pm Liturgia Bilingüe

**7pm Misa en
Español en la
escuela**

La Liturgia consiste de la Antífona de Entrada, Oración Colecta, una Lectura, Salmo, Responsorial, Evangelio, Homilía, Colecta, CENIZAS, Responsorio, Padre Nuestro, Bendición Final, y Despedida.



PROTEJA A LOS JÓVENES DE LA CIBERINTIMIDACIÓN

El acoso (bullying) cibernético puede ocurrir en cualquier momento, en cualquier plataforma en línea. Puede tomar muchas formas, como mensajes crueles directos, correos electrónicos amenazadores, textos agresivos, fotos compartidas y más. Las víctimas de acoso cibernético a menudo sufren de ansiedad y depresión, y su autoestima puede disminuir. Es posible que se muestren reacios a hablar sobre el acoso escolar, por lo que los padres de familia deben estar al tanto de todas las actividades en línea de sus hijos. Los padres de familia pueden buscar ayuda, preguntando y buscando información sobre aplicaciones y sitios populares.

**El Viernes que viene,
1 de marzo es el Primer
Viernes del mes. Nuestra
Misa será a las 8:15 am,
seguida por la Exposición
del Santísimo hasta la
medianoche, 12am.
Confesiones serán de
7pm - medianoche**



Unidos En Misión 2019



REFLEXIÓN SOBRE UNIDOS EN MISIÓN PADRE AMBROSE UDOJI

Unidos en Misión es una campaña pastoral, durante el cual demostramos nuestra unidad en el apoyo financiero, religioso, social y educativo a nuestros hermanos y hermanas, entre ellos niños, que están en condición extrema en la Arquidiócesis de Los Ángeles. Unidos en Misión tiene su origen en la Biblia, donde Dios Padre, Dios Hijo y Dios Espíritu Santo están unidos en la misión de la salvación humana. También se refleja en la historia de la creación, cuando Dios dijo "debemos crear al hombre a nuestra propia imagen." (La Trinidad revela Unidos en Misión).

Unidos en Misión, además, se refleja cuando Pedro le dijo a sus compañeros en el otro barco que vengan a compartir del pez que él ha capturado, a la orden de Cristo. Cristo hizo que Pedro pescara para que a través de Él, otras personas tuvieran algunos peces para llevar a casa. Así, Unidos en Misión es un acto de invitar a los demás a compartir nuestra bendición como Pedro.

Mateo capítulo veinticinco nos recuerda también de Unidos en Misión, donde compartiendo nuestras bendiciones con los demás que están en necesidad, se manifiesta como una puerta de entrada al cielo. Unidos en Misión significa servir a Dios por medio de nuestro prójimo.

Además, los Hechos de los Apóstoles muestran claramente cómo los primeros cristianos llevaron a cabo Unidos en Misión. Estaban viviendo una vida de unión, orando juntos, compartiendo el pan y asegurándose de que ninguno de sus miembros careciera de algo. Estas referencias bíblicas están para ayudarnos a entender profundamente el significado de Unidos en Misión, para que no nos excluyamos de él. Por lo tanto, esta reflexión explica que Unidos en Misión es nuestra vocación común y responsabilidad.

Y con esta revelación, podemos ahora entender que Unidos en Misión es un tiempo especial para compartir nuestras bendiciones con las escuelas y parroquias de la Arquidiócesis de Los Ángeles que están en extrema necesidad de ayuda financiera.

Es un tiempo especial para expresar nuestro agradecimiento a Dios por su sanación, protección y perdón, mediante el apoyo a las escuelas y parroquias de la Arquidiócesis que desesperadamente necesitan ayuda financiera. Unidos en Misión es un momento de gracia cuando decidimos voluntariamente a hacer una diferencia en las escuelas y parroquias pobres de la Arquidiócesis de Los Ángeles.

Ya que esta es nuestra vocación colectiva y responsabilidad divina, no se descalifiquen de él. Dios sabe que ustedes están luchando, aún Él les llama a participar en esta campaña pastoral. Isaías, Pedro y Pablo se sentían incapaces de unirse en esta misión, pero Dios les reveló que su gracia es suficiente para ellos. Así que, abandonen sus miedos, resentimientos o rencores y únanse en esta campaña pastoral que Dios les está llamando a participar.

Recuerden que esta campaña pastoral se llama Unidos en Misión simplemente debido a su inclusión. Todos estamos involucrados. Por consiguiente, no existe ninguna exclusión en la misión de Cristo. A todos se nos ha dado algo que ofrecer para el bien de los demás, no importa cuán poco.

Finalmente, que la abundante bendición, sanación, protección y paz de Dios sea con ustedes mientras le sirven a Él en esta campaña pastoral por Jesucristo nuestro Señor, Amén.

Saturday, February 23

8:15 am † Colon Mendoza
5:00 pm † Tian Vy
7:00 pm Pro Populo (parishioners of OLPH)

Sunday, February 24

6:30 am Pro Populo (parishioners of OLPH)
8:00 am † Emma Merlin
9:30 am † Sally Johnson
11:30 am Reese Hurtikant
† Colon Mendoza
† Maria Vaca
1:30 pm † Gwendolyn Perez
† Michele Lopez
† Ruben Angel Lugo
† Juan C Perez Victor
† Margarita Ureña
† Maria de Jesus Campos
† Elena Diaz
5:00 pm † Russell Davies De Leon
† Emil Pama
† Teresita O. Sim
7:00pm Pro Populo (parishioners of OLPH)

Monday, February 25

8:15 am Benjamin Danganan
† Simon Garcia
† Terry Sweeney
7:00 pm † Porfirio de la Cruz
† J. Guadalupe Gonzalez-Hernandez

Tuesday, February 26

8:15 am Pro Populo (parishioners of OLPH)
7:00 pm † Porfirio de la Cruz
Victoria Boyd

Wednesday, February 27

8:15 am Pro Populo (parishioners of OLPH)
7:00 pm † Yolanda Chain

Thursday, February 28

8:15 am Pro Populo (parishioners of OLPH)
7:00 pm Pro Populo (parishioners of OLPH)

Friday, March 1

8:15 am Pro Populo (parishioners of OLPH)
7:00 pm † Luz Amparo Afanador
† Henry Avila
† Rolando Campos
Animas Benditas Del Purgatorio

Saturday, March 2

8:15 am † Celsa Torres
† Mary Ferrer
5:00 pm † Amparo Pe Casal
† Emma Ruiz Casal
† Lino Meja
† Victoriano Laurente
7:00 pm Pro Populo (parishioners of OLPH)

Sunday, March 3

6:30 am † Francisca Enedina Villareal
8:00 am † David Giries
† Victoria Isiordia de Pintado
9:30 am † Arthur Felix
† Stephen Schrey
11:30 am † Maria Vaca
1:30 pm † Salome Galindez
† Alvino Villanueva
† Reynaldo Villanueva
† Ruben Angel Lugo
† Jesus Maldonado
5:00 pm † Russell Davies De Leon
7:00pm Pro Populo (parishioners of OLPH)

DIRECTORY**STAFF**

Pastor: Monsignor Lorenzo Miranda
Associate Pastor: Rev. Ambrose Udoji
Permanent Deacons: Carlos Origel
Victor Ceja

Parish Business Manager: Betty Origel - ext. 205 borigel@olphdowney.com
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Bulletin Editor: Erika Sanchez - ext. 221 esanchez@olphdowney.com
Liturgy Coordinator: Theresa Nicholas ext. 211 olph.reled@yahoo.com
Director of Music: Amy Brent - ext. 211
Pastoral Council: Chair: John Saavedra ~ Co-Chair: Vicki Carnavale
Finance Council: Chair: Ray Brown ~ Vice-Chair: Debbie Hale
Regional Vocations Director: Rev. Angel Castro - St. Helen's (562) 563-3522

RELIGIOUS EDUCATION OFFICE HOURS:

Monday - Thursday (12:00pm - 8:30pm)
(562) 862-7268

Director: Theresa Nicholas tnicholas@olphdowney.com
Secretary: Mary Rogers mrogers@olphdowney.com
Confirmation Coordinator: Daniel Rodriguez
Communion Coordinator: Maria Estevez
RCIA/RCIT Coordinator: Ruby Gaytan rgytn@hotmail.com

OLPH SCHOOL

10441 Downey Ave., Downey ~ (562) 869-9969

PARISH MINISTRIES & ORGANIZATIONS

Catholic Women's Guild: 3rd Wednesday of month at 10 am School Hall

Melodie Santana (562) 544-8188
Armida Lugo (562) 715-6142

Little Rock Bible Study

Richard Ching (562) 382-3360
Paul Lamotte (562) 869-1234

Couples for Christ

Albert Mendoza (951) 264-1822
Ma Cecile Mendoza (562) 858-2326

Knights of Columbus

John Kirschner (562) 923-1932

OLPH Young Adults

Alex and Jackie Yopez (562) 964-7317

OLPH Men's Group

Martin (562) 416-1196

Sunday Scriptures Study

Gino Bosdachin (562) 688-3836

Respect Life Committee

Linda Malm (562) 869-6491

Los Padrinos Detention Ministry

Sr. Teresa Doherty (562) 940-8711

Holy Hour Vigil

1st Friday Vigil 4:30-6:00pm
Nerita Aguston (213) 550-7162

Filipino Community

Chito Romero (562) 413-7173

Legion of Mary

Rosemary (562) 773-4187

MINISTERIO HISPANO**RESPONSABLES:**

Diácono Carlos Origel

CORO: 1:30 pm y 7 pm

Efrain Andrade (562) 305-1927

ENSAYOS DE LOS COROS jueves 7 pm**GRUPO DE ORACIÓN** lunes 7 pm

Humberto Ascani (562) 413-0912

MINISTERIO DE DUELO

Lourdes Ceja (562) 450-8125

MINISTERIO BIBLICO

Violeta Galdamez (562) 334-7787
Martha Michell (805) 888-7141

COLABORADORES:

Maria Bertieri • Emma Romo • Aaron Lugo
Teresa Morales • Raquel Velazquez

APOSTOLADO DE LA CRUZ jueves 7 pm

Emma Romo (562) 382-3188

ENCUENTRO MATRIMONIAL miércoles 7 pm

Rafael y Rocio Romero (310) 692-5430

CURSILLOS DE CRISTIANDAD

Miguel y Teresa Vela (562) 879-9516

DIVORCIADOS Y SEPARADOS

Maria Paredes (562) 397-6444

ROSARIO martes 6 pm

Aaron Lugo (562) 806-9823

SACRAMENTS & MORE

Baptism: Pre-baptismal Preparation Classes required for parents and godparents prior to scheduling Baptism. It is highly recommended parents and godparents attend classes **BEFORE** the child is born.

Marriage: Call the parish office at least six (6) months (strongly recommend one (1) year) in advance to make arrangements.

Anointing of the Sick: Please call the parish office. To schedule a visit by a priest, we highly recommend that you call early in the illness.

Quinceañeras: Call the parish office at least six (6) months in advance to make arrangements. The young lady must have received the Sacraments of Baptism and First Eucharist. It is highly recommended that the young lady be enrolled in Confirmation.

Our Lady of Perpetual Help Novena
Every Thursday after the Morning Mass

First Friday of the Month
Benediction: 12:00 midnight
Eucharistic Adoration: 8:30 am - 12:00 am

www.olphdowney.com
office@olphdowney.com



6:30am Mass English
 8:15am Mass English
 12:15pm **LOW** Bilingual
 2pm **LOW** Bilingual
 3pm **LOW** Bilingual
 4pm **LOW** Bilingual
 5pm **LOW** Bilingual
 6pm **LOW** Bilingual
 7pm **LOW** Bilingual
 8pm **LOW** Bilingual
 9pm **LOW** Bilingual

**7pm Spanish
 Mass at School**

LOW (Liturgy of the Word)

Gathering song, opening prayer, one Reading, sung Responsorial Psalm, Gospel, Homily, Collection, Ashes, Prayer of the Faithful, Our Father, Final Blessing and Dismissal. Service lasts approximately 30 minutes

ASH WEDNESDAY

GOOD FRIDAY

FRIDAYS IN LENT

**WHEN
 FASTING
 AND
 ABSTINENCE**

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FASTING

1 REGULAR MEAL

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AND

2 SMALLER MEALS

The OLPH Women's Guild invites you to a

"Spiritual Journey"

presentation and lunch
 Wednesday March 20 ~ 10am
 OLPH School Hall

Guest speaker Ricardo Pulido will provide a slideshow presentation on his 500 mile experience on El Camino de Santiago.

RSVP by March 18 to Julie (562) 217-7144.

\$10 donation



First Friday is March 1.
 Mass will be at 8:15am and Eucharistic Adoration will be continuous from after Morning Mass until Benediction at 12 midnight. Confessions will be from 7pm until 12 midnight. Our Holy Hour Vigil meets from 4:30pm - 6:00pm.



We will be studying the Gospel of John. It is a challenging study that shows us the love of Christ.

Monday, March 4

9:15 am ~ Parish Center

Questions?: Richard (562) 382-3360

Paul (562) 869-1234

Don't Miss the
Bulletin
DEADLINE!

Mondays before 10am

Please email:

esanchez@olphdowney.com

or bring to Rectory
 Office. Thank you